

SIMCOE SOCIAL SKILLS

DROP- IN COUNSELLING SERVICES (DICS)

2024

AGES 4-18



INTRODUCTION TO OUR DROP-IN COUNSELLING SERVICES

Welcome to Simcoe Social Skills (SSS) and our drop-in counselling services (DICS). Our drop-in sessions are 60 minutes long and take place in-home, at a community setting and or virtually. This service is designed for individual children, youth and or families that have a concern about their child or youth between the ages of 4-18.

Session topics can include but are not limited to

- Social Skills
- Mental Health
- Bullying
- Self-Esteem
- School Difficulties
- Trauma
- Crisis Prevention
- Behavioural Concerns and Guidance
- Aggression and Frustration
- Stress
- Advocacy
- Executive Functioning
- Family Transitions and Management
- Parenting Approaches

We offer a complimentary 15 minute virtual consultation to see if the services we offer are a right fit for you, your child and or family. Please contact us through email to inquire.

Each 60 minute drop-in counselling session

- Must be scheduled at least 24 hours in advance.
- Payment of \$84.75 (\$75 + HST) must be received within 24 hours of booking your scheduled session due to liability concerns, a receipt will be issued upon deposit.
- All consent, assent and contract forms must be signed, returned and reviewed by Amanda Johns, owner and facilitator of Simcoe Social Skills before your session starts. The link is available at the top of this page, under “drop-in counselling application”.

Please note that due to liability concerns, Simcoe Social Skills cannot provide its counselling services until program applications, contract forms and full payment have been received.

Please note that in separation and or divorce, when the custody of a child is shared, consent from both caregivers is required for your child to receive counselling through Simcoe Social Skills (SSS). If there are discrepancies, a copy of the custody agreement will be required. If one caregiver does not agree to our services, we can provide activities and resources to be implemented by the caregiver requesting our services.

Simcoe Social Skills (SSS) professional designation is: Child and Youth Care Practitioner supervised by a Registered Social Worker. Our services may qualify as an eligible insurance expense, this will be up to the family to contact their provider to determine if our services qualify. Your clinician receives regular clinical supervision provided by a Registered Social Worker in good standing with the College of Registered Social Workers and Social Service Workers. If you wish to receive direct supervision by our Registered Social Worker, an Informed Consent for Supervised Practice form must be completed.

Amanda Johns
BACYC, Child and Youth Care Practitioner
Owner and Facilitator of Simcoe Social Skills
amanda@simcoesocialskills.com

SIMCOE SOCIAL SKILLS

PROGRAM APPLICATION



2024

How to Apply:

1. Please fill out the following information and submit once completed.
2. Simcoe Social Skills will contact you within 48 hours of receiving your program application and client intake questionnaire. We will confirm that we received your documents. Please check your junk mail.
3. Please note that due to liability concerns, Simcoe Social Skills cannot provide its counselling services until program application, contract forms and full payment have been received.
4. Please email us at amanda@simcoesocialskills.com for any further questions.

Contact Information

Caregiver(s) Name: _____

Email Address: _____

Caregiver(s) Phone Number: _____

Caregivers Relationship (together, separated or divorced): _____

If there is a custody agreement, the document states (permanent sole, temporary sole, permanent joint or joint custody rights are needed): _____

** Please note a copy of the agreement may be requested**

Address:

Street Address: _____

Town / City: _____

Province: _____

Postal Code: _____

Name of all participants: _____

Birthdates of children/ youth participant(s): _____

CLIENT INTAKE QUESTIONNAIRE

The purpose of Simcoe Social Skills (SSS) Drop-In Counselling Services (DICS) is to facilitate its clients and families in a way that improves their developmental trajectories. Our DICS's are designed at a comprehensive level, are evidence based and use a variety of support mechanisms.

This intake questionnaire is to help Simcoe Social Skills determine what your individual and or family's overall needs and goals are. The answers you provide will help us identify how we can support your individual and or family's needs and goals.

Drop-In Counselling Services (DICS)- Client Intake Questionnaire

Briefly describe your individual and or family development concerns.

Do you have any specific concerns and or goals in mind for your drop-in session?

Example- my family has difficulty managing their anger and reactivity towards each other. Please explain:

What are 3-5 things that you are looking to get out of our DICS?

Do any of your family members have difficulty speaking, communicating or understanding others? Please explain:

Do you have have any questions about our Drop-In Counselling Services?

Is your child or children hands-on other people or aggressive at times? If so please describe common behavioral situations, triggers and the average behaviour duration period.

Program Cost:

Drop-In Counselling Services (DICS): **\$84.75 (\$75 + HST)**

The information that you provide and submit to Simcoe Social Skills will be kept in your personal file. This information will be used for programming purposes only. Please refer to our **informed consent forms.**

SIMCOE SOCIAL SKILLS CRISIS / EMERGENCY SUPPORT FOR ALL CLIENTS AND FAMILIES



If you, your child or a family member is experiencing a crisis please call Midland’s Crisis Services offered through the Canadian Mental Health Association (CMHA) at **705- 728-5043** or toll free at **1-888-893-8333**. These services are confidential, open 24 hours a day and 7 days a week and are offered to people under the age of 16 and over the age of 16.

If you, your child or a family member is in need of immediate assistance please go to **Georgian Bay General Hospital** or call **911** for support.

CMHA Website: “Crisis Services offers 24hr telephone support to assist individuals, community agencies, and emergency services – to work through the resolution of identified issues and challenges. Our team is comprised of mental health and addiction professionals, who are trained in suicide intervention, and who can help to promote stabilization pre and post-crisis, explore and develop coping strategies, and provide support and recommendations to internal and external ongoing mental health and addiction resources. The team can assist with service navigation, and provide information about resources available in the community.”

<https://cmhastartalking.ca/adult-services/crisis-services/#.Y6M0XPdyYWM>

Amanda Johns,
BCYC, Child and Youth Practitioner
Owner and Facilitator of Simcoe Social Skills
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